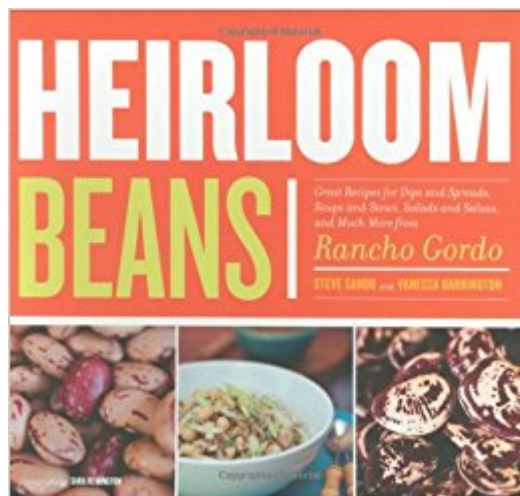




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Heirloom Beans: Great Recipes For Dips And Spreads, Soups And Stews, Salads And Salsas, And Much More From Rancho Gordo



Synopsis

Who would have thought a simple bean could do so much? Heirloom bean expert Steve Sando provides descriptions of the many varieties now available, from Scarlet Runners to the spotted Eye of the Tiger beans. Nearly 90 recipes in the book will entice readers to cook up bowls of heartwarming Risotto and Cranberry Beans with Pancetta, or Caribbean Black Bean Soup. Close-up photos of the beans make them easy to identify. Packed with protein, fiber, and vitamins, these little treasures are the perfect addition to any meal.

Book Information

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Customer Reviews

Steve Sando is the founder of Rancho Gordo, the acclaimed specialty food company that distributes heirloom produce, seeds, and beans worldwide. He lives in Northern California. Vanessa Barrington is a writer and recipe developer. Sara Remington is a San Francisco Bay Area-based photographer.

I've had these book for a good few years now and cooked a bunch of these recipes. I can honestly say they are worth the effort and everything has turned out delicious and nutritious! If you are an adventurous home cook looking to expand your healthy cooking repertoire BUY THIS BOOK! Make the Mexican Poached Chicken and then follow up by making the recipes that go with it, you won't be disappointed. Chicken Enfrijoladas? They are the bomb, like Mexican Comfort Food and to think I never tried them before this book, all those wasted years...

The Kindle version is unpleasant and looks NOTHING like print version. Why it doesn't resemble the

book leaves me baffled. Thank goodness I popped for the print version -- lovely layout. That said, I love all the recipes I've tried to date. Even better, the beans I've purchased from Rancho Gordo are delicious, much better than the dried up grocery store beans I've had.

this is a great little book..recipes are very nice

Amazing. This book changed the way I cook and use beans. I never knew they could be so wonderful. I almost exclusively use Rancho Gordo beans now. It's a new culinary world. :)

The variety of beans in this book of recipes will make your head spin and your stomach growl. There are a multitude of exotic and simple recipes to keep the palate expecting more. My family has yet to meet a bean we don't like, and this book has proven to be a pirate's treasure trove for those who love the care to be-an. There is no other book of recipes like this one. The only drawback might be for people who live in smaller towns where some of these beans might not be available. Otherwise, if you like beans, this book will blow you away.

This is a great book. The recipes fall into the easy gourmet category -- chi chi enough for company, simple enough for every day, no bizarre or impossible to find ingredients. I like that the authors provide substitutions for each recipe so if what you have on hand is cranberry and cannelloni beans you know what recipes they will work with.

Just got this book recently. It is a very good book for those who are learning to cook with dried beans, but has great recipes that the experienced cook will enjoy as well. While there are recipes using meat, there are also quite a few vegetarian recipes as well. Many of the recipes are accompanied by beautiful pictures. Now that summer is over and cooler weather is approaching, I plan to cook from this book extensively. The soups and stews and main dish sections have lots of mouth-watering recipes that I want to make. When the weather gets hot again, there is a chapter on salads that looks good. My health food store has some of the more exotic types of beans highlighted in the book, so I will enjoy trying some that I have never eaten before.

Disappointing read after all the hype made over this book.

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Much More from Rancho Gordo Bean By Bean: A Cookbook: More than 175 Recipes for Fresh Beans, Dried Beans, Cool Beans, Hot Beans, Savory Beans, Even Sweet Beans! Salads: 365 Days of Salad Recipes (Salads, Salads Recipes, Salads to go, Salad Cookbook, Salads Recipes Cookbook, Salads for Weight Loss, Salad Dressing Recipes, Salad Dressing, Salad) How to Grow Beans and Peas: Planting and Growing Organic Green Beans, Sugar Snap Peas, and Heirloom Dry Beans and Peas Mason Jar Salads: Quick and Easy Recipes for Salads on the Go, in a Jar (mason jar meals, mason jar recipes, meals in a jar, mason jar salads, mason jar lunch, salad to go, quick and easy recipes) SALADS: The 500 Best Salad Recipes (salads for weight loss, salad, salad recipes, salads, salad dressings, salad dressing recipes, paleo, low carb, ketogenic, vegan, vegetarian, salad cookbook) 20+1 Quick & Easy Recipes: Salads, Dips, Soups, Pies, Small Plates Chowderland: Hearty Soups & Stews with Sides & Salads to Match Mix and Match Salads: Over 30 Easy and Delicious Salads and Dressings That Will Make You Love Salads Martha Stewart's Appetizers: 200 Recipes for Dips, Spreads, Snacks, Small Plates, and Other Delicious Hors d'Oeuvres, Plus 30 Cocktails Dips & Spreads: 46 Gorgeous and Good-for-You Recipes Southern Spreads & Dips: 200 Southern Recipe Favorites! (Southern Cooking Recipes Book 49) The Beekman 1802 Heirloom Cookbook: Heirloom fruits and vegetables, and more than 100 heritage recipes to inspire every generation Step by Step Soups & Stews: More than 250 Recipes (Step-By-Step Collection) Low Carb Dump Meals: Over 220+ Low Carb Slow Cooker Meals, Dump Dinners Recipes, Quick & Easy Cooking Recipes, Antioxidants & Phytochemicals, Soups Stews ... Weight Loss Transformation Book Book 6) Low Carb Dump Meals: Over 210+ Low Carb Slow Cooker Meals, Dump Dinners Recipes, Quick & Easy Cooking Recipes, Antioxidants & Phytochemicals, Soups Stews ... Weight Loss Transformation Book Book 5) Low Carb Dump Meals: Over 220+ Low Carb Slow Cooker Meals, Dump Dinners Recipes, Quick & Easy Cooking Recipes, Antioxidants & Phytochemicals, Soups Stews ... Weight Loss Transformation Book Book 8) Low Carb Dump Meals: Over 225+ Low Carb Slow Cooker Meals, Dump Dinners Recipes, Quick & Easy Cooking Recipes, Antioxidants & Phytochemicals, Soups Stews ... Weight Loss Transformation Book Book 9) Low Carb Dump Meals: Over 185+ Low Carb Slow Cooker Meals, Dump Dinners Recipes, Quick & Easy Cooking Recipes, Antioxidants & Phytochemicals, Soups Stews ... Weight Loss Transformation Book Book 2) Healthy Meal Prep: Healthy Cookbook Recipes for Weight Loss, Paleo Diet, Summer Recipes, American Cooking, Cookbook of Fish, Meat, Chicken, Vegetarian, Vegan, Soups & Stews - Cooking Recipe Anthology

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